

# CARDINHAM SCHOOL

**Grow your mind; aim high.**



**CARDINHAM, BODMIN,  
CORNWALL,  
PL30 4BN**

Newsletter: 12

Monday 18<sup>th</sup> March 2024

Part of Truro & Penwith Academy Trust

CARDINHAM SCHOOL



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[www.cardinhamschool.co.uk](http://www.cardinhamschool.co.uk)  
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## Headteacher's Update

Dear Cardinham Families,

I hope this message finds you well. I would like to extend a huge thank you to all the parents and carers who were able to attend the parent-teacher meetings last week. Your engagement and support are invaluable to us in ensuring the success of our children. For those who were unable to attend and would still like to schedule a meeting, please do not hesitate to get in touch with us. We are more than happy to accommodate your availability.

A quick reminder that Spring Term will conclude next Thursday at 2 pm - wow, where's the time going? Please note that there will be no after school club available on this day, so please make necessary arrangements for your child's pickup.

Additionally, there will be no clubs held next week. I would like to express my gratitude to everyone who contributed to creating such a diverse and exciting program of extracurricular opportunities throughout this term. Your dedication and enthusiasm have greatly enriched the educational experience for our pupils. We hope to be able to bring you an exciting program in the Summer Term too!

Thank you once again for your continued support, and I look forward to finishing the term on a high note with you all.

Best wishes,

Dave Jones  
Headteacher

### Classroom Open Afternoons

We hope that you are able to join us on Tuesday 26<sup>th</sup> March at 2:30pm for our class open afternoons. The afternoon will take the same format as before - pupils will show you all of their fantastic learning that has taken place this term. We hope to see you there.



### Key Stage 2 Camps

A reminder that information about our Key Stage 2 camps was sent out a couple of weeks ago. Deposits are to be paid by Thursday 28<sup>th</sup> March. Please get in touch if you have any questions.

We hope to have as many pupils sign up as possible!



### Spring Term Attendance Update

Thus far into the Spring Term, our attendance stands at 92.7%, which is slightly lower compared to the 94% attendance rate we achieved during the Autumn Term. It's important to acknowledge that this term has presented unique challenges, particularly with regards to illness. We've seen a notable increase in cases of chickenpox, which has understandably impacted attendance for some of our pupils. Despite these challenges, we want to emphasise that we remain steadfast in our commitment to supporting and promoting school attendance. We are here to assist in any way possible to ensure that every child has the opportunity to benefit from a consistent school attendance. If your child has been affected by illness or any other circumstance that has impacted their attendance, please don't hesitate to reach out to us. We're here to provide support and assistance to help overcome any barriers to regular attendance.

**EVERY DAY COUNTS**

### Easter Bingo

Please be aware that our Friends of School Easter Bingo has been cancelled. Apologies for any disappointment.



### Pre-Loved Book Sale

Thank you for your support. Together we raised £34.06 - these donations will go towards stocking our library with new books.



### Change of Clothes for PE

A quick reminder to all that children are able to bring a spare set of clothes, socks and shoes into school on PE days if it is forecast to rain. Time will be given to pupils after PE lessons to get changed into dry clothes if they would like to.



### Little Fawns Update

🌟🌟 News for our Little Fawns Stay and Play Group! 🦌🌟

📅🌟 Due to a few changes, we're switching things up and making the Little Fawns sessions a monthly get together! 📅🌟

🏠 We'll now be hosting these fantastic sessions at [Cardinham School and Nursery](#), PL30 4BN! 🏠

📅 Mark your calendars for the upcoming dates:

📅 Friday, 26th January

📅 Friday, 23rd February

📅 Friday, 22nd March

🕒 Sessions will run between 9:30 and 11:30

🌟🌟🌟 More information will be sent out in the New Year 🌟🌟🌟

Spread the word, invite your friends, and let's make each session a magical experience for our little fawns! See you there! 🦌🦌



### Chat Health

Chat Health is a quick and easy way for parents / carers to contact Health Visitors and School Nurses in Cornwall and the Isles of Scilly. You can get confidential help and advice about a range of health concerns, including: sleep, child development, support with behaviour, toileting, feeding and nutrition, childhood illnesses and support with medical conditions, emotional, mental health and wellbeing and much more... You can find out more about this great resource by clicking on the following link [Health advice for children and young people - Cornwall Council](#).



### Cornwall One Parent Support

Cornwall One Parent Support (COPS) has been in existence for twenty years as there had been no support for one parent families in Cornwall. Tony & Liz Northcott are the founders of the Charity and, along with Janet Fernandez, are at present the trustees. The groups offer support with group chats, a private Facebook page and activities. Events are planned for the whole family with the help of all members in the decision making. You can find out more by clicking on the following link:

[Cornwall One Parent Support | Care and Support in Cornwall](#)

#### **Diary Dates: Cardinham School 2023/2024**

<b>Friday 22<sup>nd</sup> March</b>	Little Fawns Stay and Play at Woodside. 9:30 to 11:30.
<b>Tues 26<sup>th</sup> March</b>	Families invited into School for Open Afternoon from 2:30pm.
<b>Thurs 28<sup>th</sup> March</b>	End of Spring Term. Pupils collected at 2pm. No After School Club.
<b>Mon 15<sup>th</sup> April</b>	Pupils Return for Summer Term
<b>Mon 6<sup>th</sup> May</b>	May Bank Holiday
<b>w/b 13<sup>th</sup> May</b>	Key Stage 2 SATs Week
<i>Summer Half Term - 27<sup>th</sup> May to 31<sup>st</sup> May</i>	
<b>Mon 3<sup>rd</sup> June</b>	Pupils Return after Summer Half Term
<b>Fri 7<sup>th</sup> June</b>	INSET DAY
<b>Weds 24<sup>th</sup> July</b>	End of Summer Term. Pupils collected at 2pm. No After School Club.

#### **INSET Days 2024/25**

- Monday 4<sup>th</sup> November 2024
- Friday 6<sup>th</sup> June 2025
- Monday 21<sup>st</sup> July 2025
- Tues 22<sup>nd</sup> July 2025
- Wednesday 23<sup>rd</sup> July 2025

\* Term Dates for next academic year can be found on the next page.

#### **Cornwall Council**

#### **PROPOSED 2024/2025 School Term Dates for Community and Voluntary-Controlled Schools**



September 2024						
Mon	2	9	16	23	30	
Tue	3	10	17	24		
Wed	4	11	18	25		
Thurs	5	12	19	26		
Fri	6	13	20	27		
Sat	7	14	21	28		
Sun	1	8	15	22	29	

October 2024						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24	31	
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

November 2024						
Mon			4	11	18	25
Tue			5	12	19	26
Wed			6	13	20	27
Thurs			7	14	21	28
Fri		1	8	15	22	29
Sat	2	9	16	23	30	
Sun	3	10	17	24		

#### **School holidays**

#### **Bank holidays**

Christmas Day	25 December 2024
Boxing Day	26 December 2024
New Years Day	01 January 2025
Good Friday	18 April 2025
Easter Monday	21 April 2025
May Bank Holiday	05 May 2025
Spring Bank Holiday	26 May 2025
Summer Bank Holiday	25 August 2025

December 2024						
Mon	2	9	16	23	30	
Tue	3	10	17	24	31	
Wed	4	11	18	25		
Thurs	5	12	19	26		
Fri	6	13	20	27		
Sat	7	14	21	28		
Sun	1	8	15	22	29	

January 2025						
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24	31	
Sat	4	11	18	25		
Sun	5	12	19	26		

February 2025						
Mon	3	10	17	24		
Tue	4	11	18	25		
Wed	5	12	19	26		
Thurs	6	13	20	27		
Fri	7	14	21	28		
Sat	1	8	15	22		
Sun	2	9	16	23		

#### **AUTUMN TERM (74 days)**

3 September - 20 December 2024  
(HALF TERM 28 October -1 November 2024)

#### **SPRING TERM (60 days)**

6 January - 4 April 2025  
(HALF TERM 17-21 February 2025)

#### **SUMMER TERM (61 days)**

22 April - 23 July 2025  
(HALF TERM 26-30 May 2025)

March 2025						
Mon	3	10	17	24	31	
Tue	4	11	18	25		
Wed	5	12	19	26		
Thurs	6	13	20	27		
Fri	7	14	21	28		
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

April 2025						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24		
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

May 2025						
Mon	5	12	19	26		
Tue	6	13	20	27		
Wed	7	14	21	28		
Thurs	1	8	15	22	29	
Fri	2	9	16	23	30	
Sat	3	10	17	24	31	
Sun	4	11	18	25		

June 2025						
Mon	2	9	16	23	30	
Tue	3	10	17	24		
Wed	4	11	18	25		
Thurs	5	12	19	26		
Fri	6	13	20	27		
Sat	7	14	21	28		
Sun	1	8	15	22	29	

July 2025						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24	31	
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

August 2025						
Mon		4	11	18	25	
Tue		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24		

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.



At Plymouth Argyle Community Trust, we are delighted to announce we are running a Time 2 Move programme at Lanivet School during Easter holidays!

Our Time 2 Move programme will offer fun physical activities, games and wider activities plus a meal for all children. All children aged 5 to 11 are welcome to attend and is completely funded for children that are eligible for benefit - related free school meals. We do have limited spaces left so will need to be quick to book on to avoid disappointment.

The links for both are below with dates:

Lanivet School

Monday 8<sup>th</sup> April - Thursday 11<sup>th</sup> April (4 Days)

<https://playwaze.com/plymouth-argyle-community-trust---carn-brea-a/7q176v82ic3o/session-display?eventId=PhysicalEventSeries/96548-B>

**ARGYLE COMMUNITY TRUST**

**EASTER HOLIDAY ROADSHOWS**

**BOOK NOW!**

**EAST CORNWALL/NORTH DEVON APRIL 2024 | 9.30AM-3.30PM (UNLESS STATED)**  
**BOYS & GIRLS ALL ABILITIES AGED 5-15**

(Football Roadshow unless stated)

<b>TUESDAY 2ND</b> Dobwalls Football Club Duchy College Sports Hall (Futsal Masterclass)	<b>TUESDAY 9TH</b> Dobwalls Football Club Holworthy YFC St Teath Football Club
<b>WEDNESDAY 3RD</b> Bude Football Club Saltmill 3G - Saltash (Football Roadshow - 2 Day Special)	<b>WEDNESDAY 10TH</b> Bude Football Club Mount Kelly Tavistock - Prep School
<b>THURSDAY 4TH</b> Saltmill 3G - Saltash (Football Roadshow - 2 Day Special) St Joseph School Launceston (Football Roadshow - 2 Day Special)	<b>THURSDAY 11TH</b> Saltmill 3G - Saltash
<b>FRIDAY 5TH</b> St Joseph School Launceston (Football Roadshow - 2 Day Special) Lanivet Community Hub	<b>FRIDAY 12TH</b> St Joseph School - Launceston (Match Day Special) Polperro Football Club (Match Day Special)
<b>MONDAY 8TH</b> St Joseph School Launceston (Multi Skills Day) Lanivet Community Hub	

**Book now 01752 522202**  
[www.officialsoccerschools.co.uk/argyle/courses.html](http://www.officialsoccerschools.co.uk/argyle/courses.html)

SCAN ME

[www.argylecommunitytrust.co.uk](http://www.argylecommunitytrust.co.uk)

# The Great Cornish Model Show



A Celebration of modelmaking talent in  
Cornwall

Pool Academy, Church Road, Pool TR15 3PZ

Sat. & Sun. April 13 & 14 2024

Free parking, easy access, refreshments & hot food  
15 model railways plus displays of boats, aircraft,  
model trucks, buildings & modelling demonstrations

Presented by Helston & Falmouth Model Railway Club



[www.hfmrc.uk](http://www.hfmrc.uk)

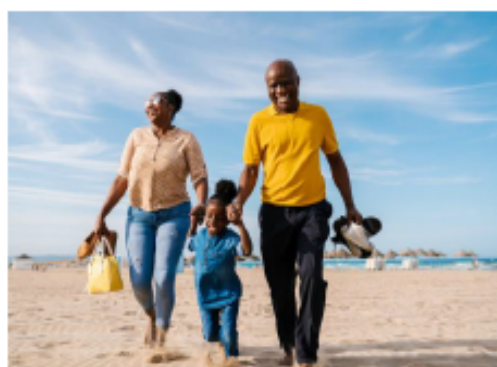
 @HelstonModel



Together for Families Parenting

# Parenting Workshops

## April - August 2024



### Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

### Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards


[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

### Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Mondays 18:00-20:00	22.04.24-24.06.24 Virtual MS Teams
Ages 1-3	Wednesdays 09:30-11:30	05.06.24-07.08.24 Virtual MS Teams
Ages 4-8	Tuesdays 12:30-14:30	23.04.24 – 25.06.24 Virtual MS Teams
Ages 4-8	Mondays 18:00-20:00	03.06.24-05.08.24 Virtual MS Teams
Ages 9-11	Thursdays 12:30-14:30	02.05.24-11.07.24 Virtual MS Teams
Ages 9-11	Wednesdays 18:00-20:00	08.05.24-17.07.24 Virtual MS Teams
East		
Ages 4-8	Mondays 09:30-11:30	13.05.24-22.07.24 Wadebridge Family Hub
Ages 9-11	Tuesdays 12:30-14:30	30.04.24-09.07.24 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays 12:30-14:30	04.06.24-06.08.24 St Austell Family Hub
Ages 4-8	Thursdays 12:30-14:30	02.05.24-11.07.24 Newquay Family Hub
Ages 9-11	Fridays 09:30-11:30	10.05.24-12.07.24 The Park Family Hub
West		
Ages 1-3	Thursdays 09:30-11:30	02.05.24-11.07.24 Gooseberry Bush Nursery
Ages 4-8	Wednesdays 09:30-11:30	08.05.24-17.07.24 Helston Family Hub
Ages 9-11	Mondays 12:30-14:30	13.05.24-22.07.24 Penzance Family Hub



## Parents Plus Adolescent Programme

### Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

### Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays 18:00-20:00	01.05.24-26.06.24 Virtual MS Teams
Ages 12-18	Mondays 09:30-11:30	03.06.24-29.07.24 Virtual MS Teams
East		
Ages 12-18	Thursdays 09:30-11:30	02.05.24-04.07.24 Saltash Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	19.04.24-21.06.24 The Park Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Newquay Family Hub
West		
Ages 12-18	Tuesdays 12:30-14:30	28.05.24-23.07.24 Penzance Family Hub
Ages 12-18	Wednesdays 12:30-14:30	05.06.24-31.07.24 Helston Family Hub





## Supporting Healthy Relationships

### Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

### Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

### Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

### MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams
Ages pre-birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

### AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

### GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams



[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)



## How to access

Parents/carers or professionals can access the parenting offer by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting).

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.

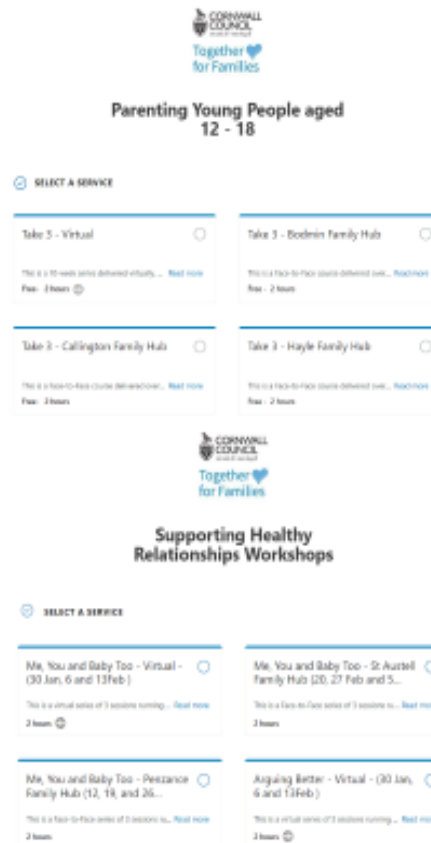


**CORNWALL COUNCIL**  
Together for Families

### Parenting children aged 0 to 11

**SELECT A SERVICE**

<b>Virtual - Understanding your child (ages 1 to 3)</b> <small>This is a Virtual course delivered on Moodle...</small> <small>2 hours</small>	<b>Understanding your child (ages 1 to 3) Bodmin Family Hub</b> <small>This is a face-to-face course delivered over...</small> <small>2 hours</small>
<b>Understanding your child (ages 1 to 3) Truro Family Hub</b> <small>This is a face-to-face course delivered over...</small> <small>2 hours</small>	<b>Understanding your child (ages 1 to 3) The Park Family Hub</b> <small>This is a face-to-face course delivered over...</small> <small>2 hours</small>



**CORNWALL COUNCIL**  
Together for Families

### Parenting Young People aged 12 - 18

**SELECT A SERVICE**

<b>Take 2 - Virtual</b> <small>This is a 10-week series delivered virtually...</small> <small>Free - 2 hours</small>	<b>Take 3 - Bodmin Family Hub</b> <small>This is a face-to-face course delivered over...</small> <small>Free - 2 hours</small>
<b>Take 2 - Callington Family Hub</b> <small>This is a face-to-face course delivered over...</small> <small>Free - 2 hours</small>	<b>Take 3 - Hayle Family Hub</b> <small>This is a face-to-face course delivered over...</small> <small>Free - 2 hours</small>

**CORNWALL COUNCIL**  
Together for Families

### Supporting Healthy Relationships Workshops

**SELECT A SERVICE**

<b>Me, You and Baby Too - Virtual - (30 Jan, 6 and 13 Feb)</b> <small>This is a virtual series of 3 sessions running...</small> <small>2 hours</small>	<b>Me, You and Baby Too - St Austell Family Hub (20, 27 Feb and 5...</b> <small>This is a face-to-face series of 3 sessions running...</small> <small>2 hours</small>
<b>Me, You and Baby Too - Penzance Family Hub (12, 19, and 26...</b> <small>This is a face-to-face series of 3 sessions running...</small> <small>2 hours</small>	<b>Angling Better - Virtual - (30 Jan, 6 and 13 Feb)</b> <small>This is a virtual series of 3 sessions running...</small> <small>2 hours</small>

**ADD YOUR DETAILS**

First and last name\*

Email\*

Address\*

Phone number\*

Notes

## Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: [equality@cornwall.gov.uk](mailto:equality@cornwall.gov.uk) Telephone: 0300 1234 100



# Easter Open Day

**Saturday 30th March**

**10:00—2:00pm**

**Higher Whitley Farm, Helland Road, Bodmin, PL31 2NT**



**Light Refreshments**

**Children's Activities**

**Meet the Animals**

**Raffle  
and much more!**



The Easter Open day is completely free to enter and lots of fun activities.  
The barn will be full of ponies and an Easter walk around the track here to see some of the farm animals  
and ponies.

Fantastic raffle with amazing prizes! Plus yummy cake!