

CARDINHAM SCHOOL

Grow your mind; aim high.



CARDINHAM SCHOOL



**CARDINHAM, BODMIN,
CORNWALL,
PL30 4BN**

**cardinham@tpacademytrust.org
www.cardinhamschool.co.uk
Telephone: 01208 821326**

Newsletter: 13

Monday 15th April 2024

Part of Truro & Penwith Academy Trust

**Headteacher's
Update**

Dear Cardinham Families,

Welcome back! I hope you all had a wonderful and restful Easter break.

I am thrilled to see the smiling faces of our pupils once again filling the classrooms and playgrounds with energy and enthusiasm. We have many exciting activities and learning opportunities planned for the upcoming term and I am excited to get going.

As we embark on this new term together, let us remember the importance of kindness, respect and cooperation. By working together as a supportive and inclusive community, we can create a nurturing environment where every child feels valued, empowered and inspired to excel.

I encourage you to stay connected with us and to actively participate in your child's educational journey. Together, we can make a meaningful difference in the lives of our pupils and help them reach new heights of achievement.

Once again, welcome back! Let us make this term memorable.

Best wishes,

Dave Jones
Headteacher

Thank You Matt Harrison

Matt Harrison's term of office has come to an end and so has stepped down as co-chair of our governing body. We want to take a moment to express our deepest gratitude for his invaluable contributions to our school community over the past 6 years. Throughout his time as a governor, he devoted time and energy to support our school community. On behalf of the entire school community, thank you Matt.



Summer Term Family Forum

Our termly Family Forum is back on Tuesday 30th April at 3:20pm. Please meet at the school office - after school club is available if needed. *The Family Forum is a place for families to ask questions, offer feedback, provide ideas/suggestions and to receive information from the school, creating a collaborative approach to educating and nurturing their children.*

There is nothing to prepare - just come along for drink, biscuit and a chat. We hope to see you there.



Breakfast Club and After School Club Booking

We're reaching out to remind you about the importance of pre-booking for our After School Club and Breakfast Club services.

As our services continue to grow, it's crucial for us to have an accurate count of attendees in advance. This enables us to ensure we have adequate staff present to maintain proper supervision ratios and provide the best possible experience for your children.

Please take a moment to pre-book your child's attendance for the upcoming weeks. You can do so by contacting the school office by phone, email or 'drop in' in person.

Your cooperation in this matter is greatly appreciated. If you have any questions or need assistance with pre-booking, please don't hesitate to reach out to us.



Summer Term Dates

We have added a few dates for the Summer Term at the end of this newsletter. More dates will continue to be added once confirmed - please keep a close on the dates at the end of the newsletter.



Clubs

We look forward to sharing with you another exciting program of extra-curricular clubs. Booking information will be sent out this week and all clubs (unless stated otherwise) will start next week (w/b 22nd April).



Change of Clothes for PE & Summer Term Information

A quick reminder to all that children are able to bring a spare set of clothes, socks and shoes into school on PE days if it is forecast to rain. Time will be given to pupils after PE lessons to get changed into dry clothes if they would like to.

Information about what PE kit is needed and when can be found below. This includes information for Friday afternoons. Please see your child's class teacher if you have any questions.

Summer Term 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hedgehog Class Nursery & Reception	Come to School wearing PE kit. REAL PE with Mrs Purser on the playground				Come to School wearing outdoor learning clothes. Forest Friday at Woodside with Mrs Tucker.
Squirrel Class Year 1 & 2				Come to School wearing PE kit. REAL PE with Mr Jones on the playground	Come to School wearing outdoor PE kit. Games on the School Field with P.A.F.C coach.
Fox Class Year 3 & 4			Come to School wearing PE kit. REAL PE with Miss Mackenzie on the playground		Come to School wearing outdoor learning clothes. Forest Friday with Mr Jones in Cardinham Woods.
Deer Class Year 5 & 6		Bring trainers to school in bag. REAL PE with Miss Horsington on the playground.		Bring trainers to school in bag. REAL PE with Miss Horsington on the playground.	Come to School wearing PE kit. Tennis with P.A.F.C coach

Cornwall One Parent Support

Cornwall One Parent Support (COPS) has been in existence for twenty years as there had been no support for one parent families in Cornwall. Tony & Liz Northcott are the founders of the Charity and, along with Janet Fernandez, are at present the trustees. The groups offer support with group chats, a private Facebook page and activities. Events are planned for the whole family with the help of all members in the decision making. You can find out more by clicking on the following link:

[Cornwall One Parent Support | Care and Support in Cornwall](#)

Diary Dates: Cardinham School 2023/2024

Mon 15th April	Pupils Return for Summer Term
Friday 26th April	Little Fawns Stay and Play Toddler Group
Tuesday 30th April	Family Forum at 3:20pm. Meet in School Office. After School Club Available F.O.C.
Mon 6th May	May Bank Holiday
w/b 13th May	Key Stage 2 SATs Week
Fri 24th May	Family Challenge Morning from 9am. Safe the Date.
<i>Summer Half Term - 27th May to 31st May</i>	
Mon 3rd June	Pupils Return after Summer Half Term
Fri 7th June	INSET DAY
Weds 24th July	End of Summer Term. Pupils collected at 2pm. No After School Club.

INSET Days 2024/25

- **Monday 4th November 2024**
- **Friday 6th June 2025**
- **Monday 21st July 2025**
- **Tues 22nd July 2025**
- **Wednesday 23rd July 2025**

* Term Dates for next academic year can be found on the next page.

Cornwall Council

PROPOSED 2024/2025 School Term Dates for Community and Voluntary-Controlled Schools



September 2024						
Mon	2	9	16	23	30	
Tue	3	10	17	24		
Wed	4	11	18	25		
Thurs	5	12	19	26		
Fri	6	13	20	27		
Sat	7	14	21	28		
Sun	1	8	15	22	29	

October 2024						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24	31	
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

November 2024						
Mon			4	11	18	25
Tue			5	12	19	26
Wed			6	13	20	27
Thurs			7	14	21	28
Fri		1	8	15	22	29
Sat	2	9	16	23	30	
Sun	3	10	17	24		

School holidays

Bank holidays

Christmas Day	25 December 2024
Boxing Day	26 December 2024
New Years Day	01 January 2025
Good Friday	18 April 2025
Easter Monday	21 April 2025
May Bank Holiday	05 May 2025
Spring Bank Holiday	26 May 2025
Summer Bank Holiday	25 August 2025

December 2024						
Mon	2	9	16	23	30	
Tue	3	10	17	24	31	
Wed	4	11	18	25		
Thurs	5	12	19	26		
Fri	6	13	20	27		
Sat	7	14	21	28		
Sun	1	8	15	22	29	

January 2025						
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thurs	2	9	16	23	30	
Fri	3	10	17	24	31	
Sat	4	11	18	25		
Sun	5	12	19	26		

February 2025						
Mon		3	10	17	24	
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22		
Sun	2	9	16	23		

AUTUMN TERM (74 days)

3 September - 20 December 2024
(HALF TERM 28 October -1 November 2024)

SPRING TERM (60 days)

6 January - 4 April 2025
(HALF TERM 17-21 February 2025)

SUMMER TERM (61 days)

22 April - 23 July 2025
(HALF TERM 26-30 May 2025)

March 2025						
Mon		3	10	17	24	31
Tue		4	11	18	25	
Wed		5	12	19	26	
Thurs		6	13	20	27	
Fri		7	14	21	28	
Sat	1	8	15	22	29	
Sun	2	9	16	23	30	

April 2025						
Mon		7	14	21	28	
Tue	1	8	15	22	29	
Wed	2	9	16	23	30	
Thurs	3	10	17	24		
Fri	4	11	18	25		
Sat	5	12	19	26		
Sun	6	13	20	27		

May 2025						
Mon		5	12	19	26	
Tue		6	13	20	27	
Wed		7	14	21	28	
Thurs	1	8	15	22	29	
Fri	2	9	16	23	30	
Sat	3	10	17	24	31	
Sun	4	11	18	25		

June 2025						
Mon		2	9	16	23	30
Tue		3	10	17	24	
Wed		4	11	18	25	
Thurs		5	12	19	26	
Fri		6	13	20	27	
Sat		7	14	21	28	
Sun	1	8	15	22	29	

July 2025						
Mon		7	14	21	28	
Tue		1	8	15	22	29
Wed		2	9	16	23	30
Thurs		3	10	17	24	31
Fri		4	11	18	25	
Sat		5	12	19	26	
Sun		6	13	20	27	

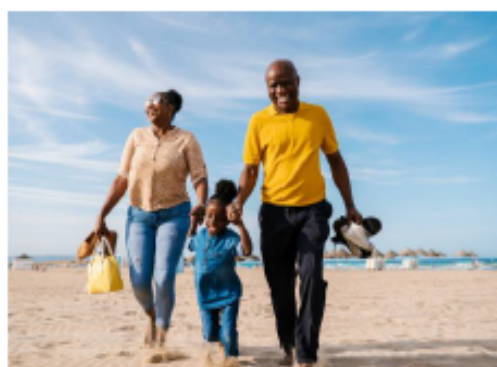
August 2025						
Mon		4	11	18	25	
Tue		5	12	19	26	
Wed		6	13	20	27	
Thurs		7	14	21	28	
Fri	1	8	15	22	29	
Sat	2	9	16	23	30	
Sun	3	10	17	24		

195 days are included on the school calendar. Schools will be open to pupils for 190 days. The five additional days are allotted for In-Service Training (INSET). Schools allocate their own INSET days.

Together for Families Parenting

Parenting Workshops

April - August 2024



Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

Workshop Description

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- Looking back and looking forwards


www.cornwall.gov.uk/parenting

Workshop Dates

Countywide – VIRTUAL		
Ages 1-3	Mondays 18:00-20:00	22.04.24-24.06.24 Virtual MS Teams
Ages 1-3	Wednesdays 09:30-11:30	05.06.24-07.08.24 Virtual MS Teams
Ages 4-8	Tuesdays 12:30-14:30	23.04.24 – 25.06.24 Virtual MS Teams
Ages 4-8	Mondays 18:00-20:00	03.06.24-05.08.24 Virtual MS Teams
Ages 9-11	Thursdays 12:30-14:30	02.05.24-11.07.24 Virtual MS Teams
Ages 9-11	Wednesdays 18:00-20:00	08.05.24-17.07.24 Virtual MS Teams
East		
Ages 4-8	Mondays 09:30-11:30	13.05.24-22.07.24 Wadebridge Family Hub
Ages 9-11	Tuesdays 12:30-14:30	30.04.24-09.07.24 Launceston Family Hub
Mid		
Ages 1-3	Tuesdays 12:30-14:30	04.06.24-06.08.24 St Austell Family Hub
Ages 4-8	Thursdays 12:30-14:30	02.05.24-11.07.24 Newquay Family Hub
Ages 9-11	Fridays 09:30-11:30	10.05.24-12.07.24 The Park Family Hub
West		
Ages 1-3	Thursdays 09:30-11:30	02.05.24-11.07.24 Gooseberry Bush Nursery
Ages 4-8	Wednesdays 09:30-11:30	08.05.24-17.07.24 Helston Family Hub
Ages 9-11	Mondays 12:30-14:30	13.05.24-22.07.24 Penzance Family Hub



Parents Plus Adolescent Programme

Workshop Description

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

Workshop Dates

Countywide - VIRTUAL		
Ages 12-18	Wednesdays 18:00-20:00	01.05.24-26.06.24 Virtual MS Teams
Ages 12-18	Mondays 09:30-11:30	03.06.24-29.07.24 Virtual MS Teams
East		
Ages 12-18	Thursdays 09:30-11:30	02.05.24-04.07.24 Saltash Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Wadebridge Family Hub
Mid		
Ages 12-18	Fridays 12:30-14:30	19.04.24-21.06.24 The Park Family Hub
Ages 12-18	Mondays 12:30-14:30	13.05.24-15.07.24 Newquay Family Hub
West		
Ages 12-18	Tuesdays 12:30-14:30	28.05.24-23.07.24 Penzance Family Hub
Ages 12-18	Wednesdays 12:30-14:30	05.06.24-31.07.24 Helston Family Hub





Supporting Healthy Relationships

Me You and Baby Too (MYBT) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all new or expectant parents/carers:

- What your baby picks up on
- How to support each other
- How arguments start, and how to manage them constructively

Arguing Better (AB) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for all parents/carers with a child of any age:

- How to support each other
- How arguments start, and how to manage them constructively
- Impact on children

Getting it Right for Children (GIRFC) Workshop Description

Delivered over 3 weeks, each weekly session is 2-hours.

A course for separating or separated parents/carers:

- How to stay calm and listen
- Seeing things differently
- Finding solutions and making compromises

MYBT Workshop Dates

Countywide – VIRTUAL		
Ages pre-birth – 12months	Wednesdays 09:30-11:30	17.04.24-01.05.24 Virtual MS Teams
Ages pre-birth – 12months	Thursdays 18:00-20:00	04.07.24-18.07.24 Virtual MS Teams

AB Workshop Dates

Countywide – VIRTUAL		
Ages 1-19	Thursdays 18:00-20:00	02.05.24-16.05.24 Virtual MS Teams
Ages 1-19	Tuesdays 12:30-14:30	02.07.24-16.07.24 Virtual MS Teams

GIRFC Workshop Dates

Countywide – VIRTUAL		
Ages 0-19	Fridays 09:30-11:30	19.04.24-03.05.24 Virtual MS Teams
Ages 0-19	Thursdays 18:00-20:00	06.06.24-20.06.24 Virtual MS Teams



www.cornwall.gov.uk/parenting

How to access

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshop using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the [Early Help Hub](#).

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am - 5pm to support queries.

CORNWALL COUNCIL
Together for Families

Parenting children aged 0 to 11

SELECT A SERVICE

Virtual - Understanding your child (ages 1 to 3) <small>This is a Virtual course delivered on Moodle...</small> <small>2 hours</small>	Understanding your child (ages 1 to 3) Bodmin Family Hub <small>This is a face-to-face course delivered over...</small> <small>2 hours</small>
Understanding your child (ages 1 to 3) Truro Family Hub <small>This is a face-to-face course delivered over...</small> <small>2 hours</small>	Understanding your child (ages 1 to 3) The Park Family Hub <small>This is a face-to-face course delivered over...</small> <small>2 hours</small>

CORNWALL COUNCIL
Together for Families

Parenting Young People aged 12 - 18

SELECT A SERVICE

Take 2 - Virtual <small>This is a 10-week series delivered virtually...</small> <small>Free - 2 hours</small>	Take 3 - Bodmin Family Hub <small>This is a face-to-face course delivered over...</small> <small>Free - 2 hours</small>
Take 2 - Callington Family Hub <small>This is a face-to-face course delivered over...</small> <small>Free - 2 hours</small>	Take 3 - Hayle Family Hub <small>This is a face-to-face course delivered over...</small> <small>Free - 2 hours</small>

CORNWALL COUNCIL
Together for Families

Supporting Healthy Relationships Workshops

SELECT A SERVICE

Me, You and Baby Too - Virtual - (30 Jan, 6 and 13 Feb) <small>This is a virtual series of 3 sessions running...</small> <small>2 hours</small>	Me, You and Baby Too - St Austell Family Hub (20, 27 Feb and 5 Mar) <small>This is a face-to-face series of 3 sessions running...</small> <small>2 hours</small>
Me, You and Baby Too - Penzance Family Hub (12, 19, and 26 Feb) <small>This is a face-to-face series of 3 sessions running...</small> <small>2 hours</small>	Angling Better - Virtual - (30 Jan, 6 and 13 Feb) <small>This is a virtual series of 3 sessions running...</small> <small>2 hours</small>

ADD YOUR DETAILS

First and last name *

Email *

Address *

Phone number *

Notes
Add any special requests

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100